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Energy Harvesters for Human-Monitoring Applications

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SUMMARY This paper introduces the basics of energy harvesters and demonstrates two specific vibratory-type energy harvesters developed at the University of Hyogo. The fabrication and evaluation results of the vibratory-type energy harvesters, which employ electrostatic and electromagnetic mechanisms, are described. The aim of developing these devices is to realize a power source for an autonomous human monitoring system. The results of harvesting from actual human activities obtained using a data logger are also described. Moreover, challenges in the power management of electronic circuitry used for energy harvesting are briefly discussed.

key words: energy harvester, wireless sensor network, WSN, photovoltaic cell, thermo electric generator, RF harvester, electrostatic, electromagnetic, vibratory type

1. Introduction

Wireless-sensor-network (WSN) and body-area-network (BAN) systems, which consist of ultrasmall portable devices such as micro-electromechanical systems (MEMS) sensors, a microcontroller unit (MCU), a radio frequency (RF) transceiver and a power source, have attracted considerable attention for their use in various applications [1]-[3]. Our group is developing a WSN for a human-monitoring system that continuously monitors human health, including the amount of exercise and vital signs [4]. The system can be divided into four sections: (1) sensing of the human body [5], (2) integrated circuitry, (3) a microscale power source and (4) a data analysis part. The system is expected to have the appearance of a sticking plaster so that it can be used as an attachable system. A total system is installed on the flexible 'plaster', as shown in Fig. 1, which is attached directly onto the body. The system gathers many types of data, which are suitably processed and transferred to an external host PC.

The system manages the information obtained from human activities in daily life and the surrounding environment. For such a system, the most important requirement is long-time operation to realize a continuous monitoring system. However, the capability and cost of the system are limited by the finite capacity of power supply. Thus, an energy harvester that can act as an autonomous power source is a promising means of providing supplementary power. To generate energy from the human body and the surrounding environment, photovoltaic cells (PVCs), thermoelectronic generators (TEGs), ambient RF (electromag-



Fig. 1 Conceptual schematic of human-monitoring plaster.

netic wave) energy harvesters and vibratory energy harvesters (VEHs) have been widely studied [6]. In this paper, the basics of energy harvesters as an autonomous power source for a WSN node are introduced. Then two mechanisms of VEH that use an electrostatic (electret type) mechanism and an electromagnetic mechanism that have been developed at the University of Hyogo are demonstrated. Additionally, the results of harvesting from actual human movement using the electret energy harvester with a human activity logger are also described. Finally, challenges in the power management of circuitry used for energy harvesting are discussed.

2. Wireless Sensor Network and Energy Harvesting

Figure 2 shows a typical block diagram of a WSN node consisting of a sensor, an analog to digital converter (ADC), MCU, a RF module and a power source. The power consumption of the WSN node depends on the number of sensing elements and the frequency of data acquisition but it cannot exceed approximately $100 \,\mu$ W [7]. To enable the continuous operation of the node for a long time, the combination of a rechargeable device and an energy harvester is the most feasible choice.

Energy harvesting, also known as energy scavenging or parasitic power harvesting, has recently attracted considerable interest in the WSN research field [8]. It involves the gathering of electric energy from various sources of energy in a range of environments. There are various types of

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Fig. 2 Basic arrangement of wireless sensor network node.

 Table 1
 Typical characteristics of energy harvesters [6].

Source of energy	Power (source)	Power (harvested)
Ambient light		
Indoor	0.1 mW/cm ²	$10 \ \mu W/cm^2$
Outdoor	100 mW/cm ²	10 mW/cm^2
Vibratory energy		
Human	0.5 m @ 1 Hz 1 m/s ² @ 50 Hz	$4 \mu W/cm^2$
Industrial	1 m @ 5 Hz 10 m/s ² @ 1 kHz	$100 \ \mu W/cm^2$
Thermal energy		
Human	20 mW/cm^2	$30 \mu\text{W/cm}^2$
Industrial	100 mW/cm^2	$1-10 \text{ mW/cm}^2$
RF		
Cell phone	0.3 µW/cm ²	$0.1 \ \mu W/cm^2$
	-	-



Fig. 3 Schematic diagram of dye-sensitized solar cell.

harvesters and sources, such as PVCs, heat (thermal gradient), ambient RF and kinetic (vibration) energies. Table 1 shows typical power sources and performances of energy harvesters [6]. Although the harvested powers are rather low, the power consumption of WSN nodes has drastically decreased in the last decade. Details of each harvesting method are described as follows.

2.1 Photovoltaic Cells (PVCs)

PVCs are considered to be the world's first and most powerful energy harvesters, which convert light photons into electricity. The efficiency range is from 5 to 30% for a source power of 100 mW/cm² for outdoor use and 100 μ W/cm² for indoor use, depending of the material [6]. PVC technologies are well developed and have been well studied. In particular, dye-sensitized solar cells (DSSCs) have attracted attention because of their high efficiency for indoor use through the matching of the dye color to the wavelength of the light source. As shown in Fig. 3, DSSCs are composed of transparent electrodes, porous TiO₂ for dye adsorption and an electrolyte. Indoor light, particularly LED and fluorescent lighting systems will be the main light source used for harvesting.

2.2 Thermoelectric Generators (TEGs)

TEGs harvest energy by using the Seebeck effect, in which



Fig. 4 Schematic diagram of thermoelectric generator.



Fig. 5 Schematic diagram of RF harvester with rectenna.

voltage is generated from different conductors with different temperatures. Figure 4 shows the basic principle of a TEG. When p-type and n-type semiconductors are connected in series and a thermal gradient is applied in parallel, thermopower is generated. Each pair forms a thermocouple. Bi₂Te₃ is the most commonly used material in TEGs since it allows them to operate near room temperature. The thermopower increases with the square of the Seebeck coefficient and with the electric conductivity and decreases inversely with the thermal conductivity. To obtain a high voltage, some commercially available TEGs have a large numbers of thermocouples connected in series. The thermocouples also have a thermal parallel connection so that a thermal gradient can be applied. TEG 540 thermocouples connected in series over a $3.3 \times 3.3 \text{ mm}^2$ area can generate a power of 140 mV/K [9].

2.3 Ambient RF Harvesters

Ambient radio waves from TV broadcasting, Wi-Fi networks and GSM mobile phone systems can be considered as energy sources for RF energy harvesters because they can be captured everywhere and have sufficient power for WSN. Figure 5 shows a typical RF harvester that consists of an antenna and a rectifier. This combination is called a rectenna, the role of which is to convert from AC voltage to DC voltage. The received power strongly depends on the distance from the power source. For example, power of 1.5 mW and 200μ W are received from a 100 mW transmission power source at distance of 0.2 and 2 m, respectively [10].

2.4 Vibratory Energy Harvesters (VEHs)

There are various mechanisms for converting from the motion or vibration to electrical energy. Figure 6 shows the principles of (a) piezoelectric, (b) electrostatic and (c) electromagnetic VEHs. A piezoelectric harvester generates charge by applying stress (Fig. 6(a)), an electrostatic harvester induces the movement of charges (i.e., current) on



Fig.6 Principles of VEHs using (a) piezoelectric, (b) electrostatic and (c) electromagnetic mechanisms.

an electret by electrostatic induction (Fig. 6(b)) and an electromagnetic harvester generates an electromotive force by changing the magnetic flux near a pickup coil (Fig. 6(c)). The harvesting energy is proportional to the mass undergoing vibration, the vibration frequency and the vibration amplitude. Therefore, to obtain a large amplitude at the resonance frequency, the resonant vibration harvester is the most widely studied VEH. However, it is difficult to obtain a vibrating structure with low frequency and large amplitude simultaneously since these factors have a trade-off relationship. Similarly to an RF harvester, a VEH generates an AC output, meaning that an AC to DC converter or rectifying circuitry is required.

3. Vibratory Energy Harvesters for Human-Monitoring Systems

The advantages and disadvantages of each type of harvesting method are discussed in [10]. We considered the VEH to be the most suitable harvester for human-monitoring applications. Below we report two types of harvester that we are developing in our current project. Additionally, preliminary evaluation results for the harvesting of energy from human activities are also given.

3.1 Electrostatic VEH

In VEHs, an electrostatic mechanism that uses an electret has been reported to be suitable for generating power in the case of low-frequency vibration as the source, such as human motion. This is because an electret in a VEH can generate a high voltage even in the case of low-frequency vibration. Our VEH containing an electret has a three-layered silicon MEMS structure as shown in Fig. 7 [11]. Figure 8 shows a schematic diagram of the cross section of the electret VEH. The top layer is a silicon counter electrode con-



Fig. 7 Schematic diagram of electret VEH (©2011, IEEE [11]).



Fig. 8 Schematic of cross section of the electret VEH (©2010, Elsevier [13]).

taining multiple slits. The middle layer is a pattern-charged electret on a vibrating mass and the bottom layer is a cover glass. The electret material is a $3 \mu m$ CYTOP polymer film (Asahi glass Inc. Japan) that is a semi-permanently negatively charged using corona discharge method. The charged and uncharged areas of the electret are finely selected using buried electrodes with bias voltage control. The fine slitted structure of the silicon grid with an approximately $100 \,\mu m$ line and space pattern acts as counter electrodes in the harvesting operation as well as grid electrodes in the charging process. This allows the electret-charging step to be performed at the final stage of the silicon MEMS batch fabrication process before the packaging [12]. When the moving mass plate with the electret part approaches the counter electrodes, the positive charges are attracted to the negative counter electrodes by electrostatic induction. The vibration of the moving plate generates an alternating charge movement that produces AC current through the external load resistance. The gap between the electret and the silicon grid is 40 μ m, and the maximum mass displacement is 400 μ m peak-to-peak.

Figure 9 shows a photograph of the fabricated VEH. The chip size is $13 \times 12 \times 1.5 \text{ mm}^3$ and the resonant frequency in the harvesting direction is 57 Hz. Because of the low frequency and low capacitance of the structure, the harvester has very high output impedance, meaning that it requires a very high optimum load resistance to generate the maximum power. The optimum load resistance was measured by using the circuitry with a high-input-impedance voltage buffer shown in Fig. 10. Figure 11 shows the output power versus load resistance. The maximum power of 1.8 nW_{rms} was obtained at the optimum load resistance of $32 \text{ M}\Omega$, with an external excitation of 20 Hz frequency and a $200 \,\mu\text{m}$ peak-topeak distance. The calculated capacitance of the harvester is about 83 pF; however, the capacitance is expected to change



Fig. 9 Photograph of electret energy harvester $(13 \times 12 \times 1.5 \text{ mm}^3)$.



Fig. 10 Measurement setup to determine optimum load resistance.



Fig. 11 Output power versus load resistance (©2010, Elsevier [13]).



Fig. 12 Output waveform and amplitude of applied vibration plotted against time (©2010, Elsevier [13]).

during the vibration. The harvested waveforms obtained at the optimum resistance for various amplitudes are shown in Fig. 12. For the case that the harvester was vibrated on a shaker at the nonresonant frequency of 20 Hz, the harvested power is plotted against the applied acceleration at the optimal load resistance in Fig. 13.

Because of the large electrostatic force, a pull-in problem is caused by the narrow gap and soft spring structure. To prevent a pull-in problem, the charged voltage of the electret



Fig. 13 Harvested power vs applied acceleration at optimum load resistance (©2010, Elsevier [13]).



Fig.14 Schematic diagram of electromagnetic VEH (©2012, IEEE [14]).

held down the voltage to -30 V. Thus, the harvested voltage was lower than the designed value. However, when the applied acceleration was over 0.2 g, the collision of the vibrating mass and the frame was observed. This resulted in a large increase in power from 5 nW to 30 nW, which might be due to collision-induced passive frequency upconversion from 20 Hz to resonant frequency of 57 Hz.

3.2 Electromagnetic VEH

The electromagnetic VEH has a substantial advantage of low output impedance, i.e., a high output current. However, magnetic materials have low compatibility with MEMS fabrication processes. A microfabrication technique for a Nd-FeB film that involves the sputtering and polishing of the film on a deeply-etched silicon trench was developed in our project [13]. Figure 14 shows a schematic diagram of the electromagnetic energy harvester, which consists of a moving silicon mass with a NdFeB array and microcoils connected in series. Figure 15 shows a cross-sectional SEM image of the 20- μ m-thick buried NdFeB film in the device along with a $5\,\mu m$ polyimide film used to inhibit rusting. The multilayer sputtering of NdFeB/Ta is performed using JEC-SP360M RF magnetron sputtering equipment, (JEOL Inc., Japan) with a computer-controlled valve and RF system. From the evaluation of the J-H hysteresis curves after pulse magnetization in a magnetic field of 4 T, the optimal sputtering temperature was found to be 560°C, and the detailed sputtering conditions are shown in Table 2.

Figures 16 and 17 show the device dimensions and photographs of the electromagnetic VEH, respectively. The silicon mass $(10 \times 10 \times 0.5 \text{ mm}^3)$, the buried NdFeB $(400 \times 10 \times 0.5 \text{ mm}^3)$



Fig.15 Cross-sectional SEM image of buried NdFeB (©2012, IEEE [14]).

 Table 2
 Optimal sputtering conditions of NdFeB material on 4-inch silicon wafer.





Fig. 16 Dimensions of the buried NdFeB micromagnets (left) and CW and CCW spiral micro-coils (right).



Fig.17 Photograph of packaged electromagnetic VEH and exploded view.

 $4000 \times 20 \,\mu\text{m}^3$, 24 pieces) and the double layer of Au spiral coils wound in the clockwise and counterclockwise direction (thickness of $4\,\mu\text{m}$, width of $20\,\mu\text{m}$, 5 turns, 46 connected in series) were fabricated on a single-crystal silicon wafer by a MEMS batch fabrication process.

After the packaging step, the vibration characteristics were measured using a laser Doppler vibrometer. The resonance frequency was 73 Hz and the mechanical Q-factor was about 8, which were obtained from the $30\,\mu\text{m}$ peak-to-peak excitation vibration (Fig. 18). Figure 19 shows the measured optimum load resistance. The optimum load resistance was 512 Ω , the same as the coil resistance.

Figure 20 shows the dependence of the harvested



Fig. 18 Resonant characteristics of the electromagnetic VEH (©2012, IEEE [14]).



Fig. 19 Optimum load resistance of the electromagnetic VEH (©2012, IEEE [14]).



Fig. 20 Harvested power vs excitation amplitude at optimum load resistance of 512Ω (©2012, IEEE [14]).

power on the excitation amplitude at the optimum load resistance of 512Ω . The output power is saturated at 760 pW upon applying an excitation vibration with peak-to-peak distance of about $48 \mu m$. This is caused by the collision of the frame and the moving mass. When the device was operated in vacuum, the Q-value was improved and saturation is occurred at a lower amplitude. The harvested power is expected to be greatly improved by decreasing the gap between the vibrator layer and the stator layer, increasing the film thickness of the micromagnets, decreasing the gap between the NdFeB array, and also by developing a frequency upconversion structure to allow a higher velocity of the mass.

3.3 Evaluation of Harvested Energy from Human Body

In our previous work, we fabricated an original data-logging device as a small prototype of our autonomous humanmonitoring system [15]. Dual 8051 core MCUs are used to control a large number of MEMS devices, such as sensors for measuring three-axis acceleration, ambient pressure and humidity. Figure 21 shows the assembled prototype system board, which has a size of $50 \times 30 \times 12 \text{ mm}^3$ including a battery with a capacity of 3.7 V and 820 mAh. A printed circuit board (PCB) with four layers of wiring was designed and fabricated to have a flat surface to enable bonding with a battery module.

An estimation of the energy harvested from human daily activities was performed at our campus as shown in Fig. 22. The harvester and data logger were placed on the subject's waist with the axes aligned as shown in the figure. The subject (male, 23 years old, student) walked between our laboratory on the fourth floor of school building and the student's dining hall in the 8 minutes.



Fig. 21 Photograph of the multipurpose data logger developed as a prototype of the human-sensing system (©2011, IEEE [15]).

Figure 23 shows the pressure, three-axis acceleration data and harvested voltage and power. The acceleration data show the kinetic intensity of the subject and the pressure data show the altitude of the subject. The harvesting results show the instantaneous voltage, root-mean-square voltage and average power for a load resistance of $32 \text{ M}\Omega$. During the walk, the peak power was calculated to be 0.5 nW, average power was 61 pW, and the harvested total energy was 32 nJ. Although the output power was low, it will be improved by charging the electret with a higher voltage. The power is expected to be proportional to the square of the charged voltage. Needless to say, it will be necessary to prevent the occurrence of the pull-in problem.

4. Power Management Circuitry for Energy Harvesters

The energy harvested from harvesters cannot be used as the power source of electronic devices such as WSN nodes without modification, because of luck of stability of harvested power and the variation of the output voltage and the impedance. It will be necessary to have a buffer storage such as a capacitor or rechargeable battery to provide a stable DC power in the case of an unstable harvested power.





Map of our university showing test route (©2011, IEEE [15]).



Fig. 22

Fig. 23 Harvesting results for a short walk in the test field (©2011, IEEE [15]).



Fig. 25 Simplified ideal diode rectifier circuitry.

4.1 DC Output Harvesters

The output voltages from PVCs and TEGs are DC but are too low to charge a power storage directory. Thus a highperformance DC-DC converter with an ultralow start-up voltage, a high input voltage, a high power supply rejection ratio (PSRR) and a low standby current is required [16]. Regarding the buffer power storage, an ultralow leakage current and low output impedance drive the RF transceiver of WSN nodes [17].

4.2 AC Output Harvesters

On the other hand, RF harvesters and VEHs generate an AC voltage. These harvesters require an additional rectifier that acts as an AC-DC converter. For the case of a large harvested output and a cyclic voltage, simple full bridge diode circuitry can be used as the AC-DC converter (Fig. 24).

However, for a very low or unstable output voltage from a harvester, the losses due to the drop in the forward voltage of the diode are significant. A low-power MOS switch and a low-power comparator are typically used in ideal diode circuitry (Fig. 25). The circuitry consumes little energy but can reduce the diode losses [18].

The output waveforms from some VEHs do not have a purely sinusoidal shape and the output frequency is random. To improve the harvesting power efficiency of VEHs, a stepup and step-down converter with a low DC resistance (DCR) choke inductor using SSHI (synchronized switch harvesting on induction) peak detection and control circuitry [19] is widely used in energy harvesting. As shown in Fig. 26, SSHI circuitry is typically used for high-efficiency AC-DC conversion and combined with high-efficiency DC-DC conversion circuitry to charge the battery or capacitor.

Finally, the output voltage, impedance, distortion and frequency vary considerably among harvesters. For example, electrostatic VEHs have very high output impedance and voltage but are strongly affected by the parasitic capacitance. Thus, the success of energy harvesters hinges on further improving the circuit technology to realize low power and high capability regardless of the characteristics of the



Fig. 26 Example of SSHI circuitry for VEH.

harvester.

5. Conclusion

This paper gives an overview of energy harvesters and presents two types of vibratory energy harvester with electrostatic and electromagnetic mechanisms for humanmonitoring applications that have been developed in our project. These energy harvesters require further improvement, but are expected to be suitable power sources for fully autonomous systems with the support of high-performance analog and digital integrated circuitry.

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